



## Utilization Solutions in Healthcare Solving the practice puzzle.

January 2013

### Putting your Practice Puzzle Together

*A Monthly E-Zine for Utilization Solutions in Healthcare, Inc.*



#### State and Federal Watch

Medicaid PA Provider Credentialing in NC

In its December **Medicaid Provider Bulletin**, the Division of Medical Assistance (DMA) published this article regarding prescribers who are not enrolled in Medicaid:

*The Affordable Care Act established a new rule that prohibits Medicaid programs from paying for prescriptions written by prescribers who are not enrolled in the Medicaid program. On January 1, 2013, pharmacy providers will begin to receive a message at point-of-sale for prescriptions written by prescribers not enrolled in the Medicaid program. This message will notify pharmacy providers that pharmacy claims written by non-enrolled prescribers will begin denying on April 1, 2013.*

It continues to be the position of NCAPA and NCMS that such requirements, which are made outside the rulemaking process, are not enforceable. Experts representing NCAPA and NCMS believe that PAs are already enrolled with Medicaid as a rendering provider, however not credentialed. NCAPA, supported by the NC Medical Society, will continue discussions with the DMA and the NC Department of Justice to ensure requirements are reflected in agency rules before they are announced and enforced.

Read more here:

<http://ncapa.org/?newsarticle=update-medicaid-pa-credentialing>

### **Gimme the \$\$\$**



Team expansion signals need for more PAs and NPs to succeed in the changing healthcare world.

More articles are hailing the need for PA demand.

It's expected that there will be a greater need for primary health-care providers as the demand for health-care services continues to grow. Physician assistants and nurse practitioners can help alleviate some of this pressure as they work along side physicians in many health-care settings.

Read more here:

<http://www.chron.com/jobs/article/Demand-for-PAs-to-rise-with-health-care-growth-4157931.php>

## Solve the Clinical Puzzle



How do healthcare providers stay healthy?

It is a challenge when germs abound.

What should we recommend to patients when we offer the advice to push fluids? Some experts say tea is a better choice. The old favorite, orange juice has vitamin C, but it may suppress your immunity and make you more susceptible to colds because of its high sugar content. According to one study, when you consume 100 grams of carbohydrates in the forms of glucose, fructose, sucrose, orange juice, or honey, you significantly reduce the function of white blood cells that contribute to a healthy immune system.

So while it's important to drink lots of fluids, stay away from fruit juices.

Read more: [http://www.oprah.com/health/Staying-Healthy-When-Its-Cold-Is-Tea-Better-Than-Orange-Juice\\_1#ixzz2IWC3ZIt9](http://www.oprah.com/health/Staying-Healthy-When-Its-Cold-Is-Tea-Better-Than-Orange-Juice_1#ixzz2IWC3ZIt9)

## Your 2 cents – Did you get a Flu shot this season?

Participate in this month's industry poll by simply [clicking here!](#)



## Our Solution for You

USH would love to help your office expand your PA or NP team. Check out our website and use the following code: NEW YEAR2013 for a 15% discount on our PA Integration Package.

<http://www.pushpa.biz/pa-integration-package-new/>

## MEDIA

Lisa Shock is now a regular writer/contributor for Advance for PAs/NPs!

Look for her first article in the February 2013 issue

<http://nurse-practitioners-and-physician-assistants.advanceweb.com/>

Kind regards,

*Lisa*



Lisa Shock is a Duke University Physician Assistant graduate and has greater than 10 years of clinical experience in a variety of healthcare settings. In addition to previously owning and running a rural primary care clinic, she is the current president and CEO of Utilization Solutions in Healthcare, a company she created in response to the many questions she has received over the years about Physician Assistant utilization.

Lisa is a past president of the North Carolina Academy of Physician Assistants. She also contributed to the Physician Assistant profession by serving on the PA Advisory Council of the North Carolina Medical Board as well as the Quality Improvement and Health Information Technology Committee of the North Carolina Medical Society, and she remains a state PA expert in reimbursement and legislative issues. She enjoys part time clinical primary care practice and enjoys teaching geriatric medicine and long term care as a Duke PA Program faculty member.

Lisa was recently interviewed on BlogTalkRadio - [listen here!](#)

### **Lisa P. Shock, MHS, PA-C**

President/CEO

Utilization Solutions in Healthcare, Inc.

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